

Zip s

Zero to age 21: Information
Promoting Success for Nurses
working with Kansas Kids

DECEMBER 2004

BCYF Honored!



Chris Tuck was featured in the Fall 2004 American Lung Association "Lungs at Work" publication for her work in asthma education, especially the "Open Airways" asthma education program. She received the Kansas Lung Champion Award for 2004-2005 last July at the Kansas School Nurse Conference. To read the article about Chris visit the American Lung Association's lung USA Web site at: <http://www.lungusa.org/site/apps/s/content.asp?c=dvLUK9O0E&b=34706&ct=230033>

Kathy Hubka, RN, Director of Health Services for the Wichita USD#259 school district was asked to speak to resident physicians in the KUMC Family Practice program at Via Christi Hospital in Wichita, on Nov. 12 about the role of the school nurse in Kansas. Kathy talked to the residents about the Kansas Nurse Practice Act and the practice of school nursing in Kansas. She provided information about the type of chronic and acute health care problems that students in Kansas are attending school with, discussed state and federal mandates including impetus on SB 304 (asthma bill) which passed in the Kansas Legislature last spring. Kathy addressed some of the challenges school nurses face in providing health care services for children in school. This was a great opportunity for school nurses to provide input to their challenges and successes in providing health care services to Kansas children.

Kansas Department of Health & Environment's Children & Families Section received an award plaque from Aventis Pasteur for recognizing their efforts in protecting human life through immunization. Heather Keitges, Public Health Manager, and Patrick Gute, Manager, from Aventis presented the award to the Children & Families Section on Thursday, Nov. 18.



Here Comes Santa Claus, Here Comes Santa Claus! And so do the toys...
For information about toy safety visit the following Web sites!

- National Association of State Public Interest Research Groups (PIRGs):
<http://www.toysafety.net>
- The Toy Manufacturer's of America Guide to Toys and Play:
http://www.kidsource.com/kidsource/content/toys_ply.html
- Toy Tips:
<http://www.toytips.com>
- U.S. Consumer Product Safety Commission Toy Safety Publications:
http://www.cpsc.gov/cpscpub/pubs/toy_sfy.html

Welcome to ZIPS: **Zero to Age 21: Information Promoting Success for Nurses working with Kansas Kids.** We hope this newsletter continues to be a useful resource for you, and we encourage you to give us your comments, feedback, and suggestions. Also, note that previous months' issues of the ZIPS can be found at: <http://www.kdhe.state.ks.us/c-f/zips/>

Contents	Page
Zips	1
Perinatal: Conception-Birth	2
Child Health: Age 0-9	3
Adolescent Health: Age 10-21	4
Public Health	5-6
School Health	7-8
Events and Resources	9



This Newsletter is Compiled By:

Kansas Dept. of
Health & Environment
Bureau for Children, Youth
and Families
1000 SW Jackson, Suite 220
Topeka, KS 66612
fax: 785-296-4166
<http://www.kdhe.state.ks.us/bcyf/index.html>

Christine Tuck, RN, BSN, MS, CSN
Child and School Health Consultant
785-296-7433
ctuck@kdhe.state.ks.us

Joseph Kotsch, RN, BSN, MS
Perinatal Consultant
785-296-1306
jkotsch@kdhe.state.ks.us

Jane Stueve, RN, BSN
Adolescent Health Consultant
785-296-1308
jstueve@kdhe.state.ks.us

Ted Carter, MA
Abstinence Education Consultant
785-291-3053
tcarter1@kdhe.state.ks.us

ZIPs: Perinatal Health

The greatest of follies is to sacrifice health for any other kind of happiness.
Schopenhauer, Arthur



Department of Health and Human Services Campaign: "Babies Were Born to

Breastfeed". Breast milk is the ideal food for infants and is the standard for which infant formula is measured. Breast milk is easier to digest, and aids in the development of a baby's nervous system. Breast milk assists the newborn to absorb important minerals, protects against certain bacterial and viral infections and decreases the frequency of allergies. Studies have also shown that breastfed babies have a lower rate of developing ear infections, respiratory illness and diarrhea, and also a lower risk for childhood obesity. The goals of the DHHS campaign are to encourage and support women to breastfeed exclusively until six months of age. New public service announcements (PSA's) will be seen to increase awareness of the importance of breastfeeding and highlighting the consequences of not breastfeeding. The tag line "Babies were born to be breastfed" display a powerful message regarding breastfeeding. The campaign includes television, radio, newspaper, magazine and outdoor PSAs that communicate the importance of breastfeeding. For more information you can visit: <http://www.4woman.gov> or call: 1-800-994-WOMAN.



FOLIC ACID NOW

Folic Acid Awareness Week.

"Folic Acid: You Don't Know What You're Missing" is this year's title for Folic Acid Awareness Week. The National Council on Folic Acid (NCFA) has declared the week of Jan. 24-30, 2005, as Folic Acid Awareness

Week. During this week the focus will be on stressing the lifelong benefits of adequate folic acid intake in people's diets and the reduction of baby's born with neural tube defects (NTD's). In addition, research now suggests that adequate consumption of folic acid may also reduce the incidence of cleft lip/palate as well as some heart defects. Further, research indicates a reduction in the incidence of cardiovascular disease and colon, cervical and breast cancer and being of benefit to both men and women when taken in the amount of 400 micrograms daily. For more information, go to: <http://www.folicacidinfo.org>.



Shaken Baby Syndrome.

Shaken Baby Syndrome is the term used to describe traumatic injuries suffered by an infant as a result of vigorous or violent shaking, often by another person. When a baby is vigorously shaken, his or her head moves back and forth. This has a whiplash effect causing bleeding inside the infant's head and a resultant increase in pressure on its brain. Also, this may cause brain tissue to tear. Infants are unable to protect themselves against such occurrences due to relatively weak neck muscles therefore enabling their heads to move as if on a hinge (i.e., whiplash effect). Associated physical and sensory conditions that result are as follows: blindness, deafness, learning disabilities, paralysis or death. Some symptoms related to shaken baby syndrome are the following: swollen soft spots on the head, larger than normal head size, bleeding in the eyes, irritability, excessive drowsiness, seizures, projectile vomiting and unresponsiveness. While people generally know that they should not hit an infant, doctors say that many people

still do not know that they should not shake an infant. Prevention is key to stopping such occurrences from happening. In addition, by following these simple steps, the occurrence of shaken baby syndrome can be reduced: Always provide support for the baby's head, never throw a baby around, even in a playful manner, never shake a baby to make him or her stop crying or coughing, educate all family members and any others who may care for the baby about the importance of not shaking the baby for any reason, and always remember that no matter how angry or impatient you feel, do not shake the baby. For more information, visit: <http://www.ninds.nih.gov/disorders/shakenbaby/shakenbaby.htm>

News About Pregnancy Weight. A good weight gain increases the chances of having a healthy baby. How much weight gain is appropriate? The following guidelines should help you decide what will be a good weight gain for your pregnancy. Generally the guidelines are as follows: A woman who was underweight should try to gain 28 – 40 pounds, one who was normal weight should try to gain 25 – 35 pounds, one who was overweight should try to gain 15 – 25 pounds and one who was very overweight should try to gain at least 15 pounds. Exceptions to the guidelines just listed are for young teenagers and African-Americans to try to gain toward the upper end of the weight ranges due to a higher incidence of having smaller babies and short women should aim for gaining weight toward the lower end of the weight ranges. Overall, a good rule of thumb is for women to gain about 2 – 5 pounds in the first three months and about 1 pound per week thereafter. A good weight gain is one way to help ensure a healthy baby.



An Update on Children's Mental Health: Health care providers, program directors, and policymakers may want to read *The Provider System for Children's Mental Health: Workforce Capacity and Effective Treatment* by Jane Koppelman, published Oct. 26 by the National Health Policy Forum. To view this information visit: http://www.healthinschools.org/2004/nov10_alert.asp

Do you have young children or students in your daycare or schools with asthma? Check out these programs on asthma that are available from the American Lung Association of Kansas:

- *Counting On You.* Childcare providers who have children with asthma in their centers need to be able to recognize and understand the disease, *Counting On You....* Responding to Kids with Asthma is a booklet that helps them understand the needs of children with asthma. You will also receive an Indoor Air Quality Checklist for your center. These are available free of charge. Contact the American Lung Association of Kansas at 1-800-586-4872, ext. 103 or contact Sally Head at shead@kslung.org to order your copy.

- *Sesame Street - A is for Asthma.* This is a program for preschoolers about asthma management. It is a bilingual multi-media educational effort from Sesame Street Workshop and the American Lung Association. It includes a 12-minute video featuring Elmo and other Sesame Street Muppets in English and Spanish, a caregiver's guidebook and other information. This also is available to checkout and return through the American Lung Association of Kansas. Contact Sally

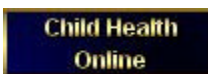
Head at shead@kslung.org or at 1-800-586-4872, ext. 103.

CD focuses on farm injury prevention, first aid – "First Aid Farm Quest." An interactive CD, "First Aid Farm Quest," has been developed to address the concern over unintentional injuries among farm youth. The CD demonstrates first aid skills and describes hazards. The CD can be obtained by calling 985-945-3379. You can also request a teacher's guide and pre/post test exercise.



SpongeBob Movie Called 'Commercial for Junk Food:'

Noting that marketing to children is a factor in childhood obesity, the Education Policy Studies Laboratory at Arizona State University is warning parents that the new SpongeBob movie is "essentially a ninety-minute commercial for junk food." For more information and to view this article visit: http://www.healthinschools.org/2004/nov23_alert.asp



Internet Resources for Children: Child Health Online :

Child Health Online is a Web site resource for childcare health consultants, providers, professional organizations, educational and medical facilities, and parents. It is their goal to provide you with health and safety information for young children, birth through age 8. Visit often and look for new resource links, childcare health and safety activities, and information. Simply click on the links to take you to the various sections of the Web site. To view visit: <http://www.childhealthonline.org>



Healthfinder: A service of the National Health Information Center, US Department

of Health and Human Services: <http://www.healthfinder.gov/>

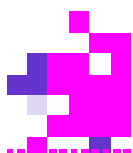


The Study Plan for the **National Children's Study** outlines the

objectives, methodologies, and measures related to the first years of the longitudinal study to understand the role that the environment plays in children's health. The National Children's Study, led by the National Institutes of Health, the Centers for Disease Control and Prevention, and the U.S. Environmental Protection Agency, will examine many aspects of children's lives, including family genetics, neighborhoods and schools, chemical exposures, and the social and behavioral environment in which children grow and develop. The Study Plan designates 96 locations across the United States where eligible participants will be recruited, enrolled, and tracked over a 21-year period. It also describes a number of hypotheses designed to address several priority health outcomes, including pregnancy outcomes, child growth and development, injury, asthma, and psychological and emotional health. Information about the National Children's Study, the Study Plan, the locations where the study will be conducted, and the request for proposals for institutions to manage initial study sites and a coordinating center are available at: <http://www.nationalchildrensstudy.gov/>



Visit Kidnetic.com and Tap into Energy! Kidnetic.com is a healthy eating and active living website for kids and their families. You can visit their Web site at: <http://www.kidnetic.com> or you can call them at: 202-296-5246.



ZIPS: Adolescent Health

"Early to bed and early to rise,
Makes a man healthy, wealthy and wise."
Franklin, Benjamin, *Poor Richard's Almanac*



Violence Against Women: Identifying Risk Factors summarizes two studies that used different methodologies and samples to determine the extent

to which physical and sexual abuse during childhood or adolescence contributes to later victimization. The research brief, published by the National Institute of Justice, describes the methodologies, limitations, and findings of the two studies. The first study followed college-age women and men for four years, asking them questions about past and current victimization each year. In the second study, researchers asked urban, low-income, mostly black women who had substantiated child sexual abuse about their adolescent and adult victimization. The brief also presents information on prevention strategies, and it includes references. It is intended for use by service providers and counselors working with adolescents and young adults, victims' and women's advocacy groups, and researchers. To view the brief, visit: <http://www.ncjrs.org/pdffiles1/nij/197019.pdf>



The National Institute on Alcohol Abuse and Alcoholism (NIAAA) in the National Institutes of

Health (NIH) has posted a new version of "The Cool Spot," the Institute's Web site for middle school students aged 11- to 13-years. Available at <http://www.thecoolspot.gov>, the Web site features games and graphics that deliver messages about the risks of underage drinking and

how to resist peer pressure. The Web site's new content is based on curricula for grades 6 to 8 that incorporates animated characters based on a popular Japanese comic book style called "anime." They were developed by NIAAA-supported researchers at the University of Michigan and pre-tested among adolescents for content and usability as part of a large-scale, multi-year project called the Alcohol Misuse Prevention Study.



The Challenge – A publication of the U.S. Department of Education's Office of Safe and Drug-Free Schools is available at: <http://www.thechallenge.org>



CDC Helps Parents Raise Strong Daughters through a new Web site campaign at: <http://www.cdc.gov/powerfulbones/parents/index.html>



ReCAPPP's goal is to help make your efforts to reduce teen pregnancy as effective as possible. Some of their programs are grant funded, and some cost, the information on the site is free. ReCAPPP contains up-to-date statistical information and access to curriculum that provides adolescents with the knowledge, motivation, and skills necessary to change teen behaviors in ways that will reduce their risk of pregnancy or contracting HIV and other sexually transmitted diseases. To change behavior, adolescents need not only information and a perception of personal vulnerability, but also the skills and the confidence in their ability to act safely. For more information, check out this site: <http://www.etr.org/recapp/index.htm>

ED.gov MARIJUANA. The clutter of messages

about marijuana in the popular culture creates an atmosphere of confusion and sends kids mixed signals about the drug. Kids can learn the truth about marijuana at <http://www.freevibe.com>. For more information and useful tips about talking to kids about marijuana, visit <http://www.theantidrug.com>. Schools and communities can also play an important role by providing activities that keep kids interested and involved in healthy, drug free programs. If you want to help dispel misperceptions and spread the truth about marijuana to help kids grow up drug free, you can: * Educate yourself about the dangers of marijuana and keep up with scientific research into its harmful effects. For a wealth of good information, visit the Web site for the National Institute on Drug Abuse at <http://www.nida.nih.gov> * Help kids in trouble with marijuana get into drug treatment programs * Be an advocate for better, more informed drugged driving laws * Support after school programs and get involved in local anti-drug coalitions * Stay informed about the marijuana laws in your state, and take a stand against changes in legislation that would increase the drug's availability in your community * Support efforts to launch a student drug testing program in your local schools *

See "What You Need to Know About Drug Testing in Schools," available by calling 1-800-666-3332 and online at http://www.whitehousedrugpolicy.gov/pdf/drug_testing.pdf.

To learn more about drug and alcohol abuse, visit <http://www.health.org> or call 1-800-729-6686 or 1-800-788-2800.

SOURCE: <http://www.ed.gov/admins/lead/safety/edpicks.jhtml?src=qc>



FAMILYMANAGEMENT.COM

Family Management: A resource of information and services for families:

<http://www.familymanagement.com>



Obesity Education

Resource: For information and ideas on how to approach the issue of overweight and obesity, go to: <http://www.neconinfo.org>. This is the

Web site of the New England Coalition for Health Promotion and Disease Prevention listing their strategic approach to the prevention of overweight and obesity. Also, on this Web site are slide presentations and reports which may be of interest.



An online resource for **government recalls**, including consumer products: <http://www.recalls.gov>

The KSNA Legislative



Update is published weekly during the Kansas Legislative Session and periodically throughout the remainder of the year. Subscriptions for Kansas State Nurses Association (KSNA) members is \$10 annually and for non-members is \$30 annually. No order form is necessary, just send a check or money order indicating your desire to subscribe to: KSNA, 1208 SW Tyler, Topeka, Ks. 66612-1735.



To view the **"Guidance for Clinicians on**

the Recognition and Management of Health Effects Related to Mold Exposure and Moisture Indoors," published by the Center for Indoor Environments and Health at University of Connecticut Health Center

ZipS

with support from a grant by the U.S. Environmental Protection Agency visit: <http://www.oehc.uchc.edu/clinser/MOLD%20GUIDE.pdf>



NIH Launches Updated Flu Web Site:

The National Institute of Allergy and Infectious Diseases (NIAID) in the National Institutes of Health (NIH) announced that it has updated a Web site on influenza. To view this information visit: http://www.healthinschools.org/2004/nov15_alert.asp



Kaisernetwork.org's

"Issue Spotlight" pages

are a new source for health policy information. They contain links to the latest Kaiser Daily Report stories; webcasts of health policy conferences, briefings and congressional hearings; and other resources. View information regarding: * Health care costs * Long-term care * Mental health * Quality of care * Medical errors * Prescription drugs * Medicare * Un- and underinsurance. Visit: http://www.kaisernetwork.org/static/spotlight_gateway.cfm



Looking for some **stickers, signs and posters regarding "Handwashing"?**

Visit the KDHE

Web site at: http://www.kdhe.state.ks.us/wash_em/stickpost.htm



Preliminary Analysis of Child Support Cooperation as a Condition of Eligibility for Subsidized Child Care by Paula Roberts.

This memorandum discusses how some states are imposing a child support cooperation requirement on single parents seeking subsidized child care. The memo highlights issues states should be aware of

and provides a table of states that are engaged in this practice. To view this information visit: http://www.clasp.org/DMS/Documents/1101131022.44/CS_CC_subsidy.pdf

The Strengths of American Families:

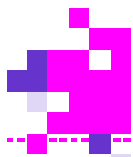
As families prepare to gather together to give thanks and count their blessings, let's all take a few minutes to reflect on the strengths of American families. What strengths? That's a natural question for some people to ask, given the dire warnings that the American family is in trouble and the fact that some American families, indeed, *are* in trouble. The markers of this trouble are well chronicled – alienated youth, disappointed parents, "broken homes," abuse, neglect, violence, grinding poverty, and just plain unhappiness. It's not a pretty picture. But it is an incomplete one.

With our preoccupation with what's *wrong* with American families, we sometimes overlook what's *right*. Researchers are beginning to address this one-sided view by studying how families are actually going about their lives and how family members relate to each other. With this purpose in mind, my colleagues and I recently analyzed information from two national surveys that tapped the views of young adolescents and the adults responsible for their care.

Results from our analysis of data from the National Longitudinal Survey of Youth about 12- to 14-year-olds, might confound those who hold dire views on the state of the American family. Contrary to images of youthful alienation and rebellion, these young adolescents seem to con-



(Continued on page 6)



(Continued from page 5)

sider their parents both helpers and confidants. For example, among the 12- to 14-year-olds surveyed:

§ The majority reported that their parents “usually” or “always” help them do things that are important to them (79 percent for mothers, and 67 percent for fathers); and

§ More than half (54 percent) reported that they turn to one of their parents – rather than a friend or anyone else – when they have problems.

What’s more, contrary to the image of on-the-run-no-time-to-get-together lifestyles of American families:

§ Almost three-quarters (73 percent) of the young teens surveyed reported that they eat dinner with their families at least five days a week; and

§ About half (48 percent) reported that they do something “fun” with their families three or more days a week.

In analyzing data from the second survey, the National Survey of America’s Families (which taps the views of 12- to 18-year-olds and their caregivers), we found other positive markers of the state of America’s families. One example is parental mental health. A growing body of research shows that parents who are depressed are more likely to have poorly adjusted children than parents who are not. Well, the contrary also seems to be true, which should surprise no one: Happy parents have happier children. That’s why one of the findings from our analysis of the data from this survey is so encouraging. The majority of parents (71 percent) described themselves as being “a happy person” all or most of the time.

All of the examples I’ve highlighted here are measures of *family strengths*. I’m no Pollyanna. In sharing these research results, I do so not to deny or to minimize the very seri-

ous problems that some American families face. But I think it would be equally foolhardy to overlook the research-based evidence showing that many American families – indeed, *most* American families – are doing a pretty good job of raising their children and supporting one another. For that, we should all be thankful.

- Kristin Anderson Moore, Ph.D.
President and Senior Scholar
Child Trends

ASTPHND

Looking For Obesity/Physical Activity Ideas? The ASTPHND

(Association of State and Territorial Public Health Nutrition Directors) Newsletter contains a wealth of information and links to innovative ideas in the U.S. and its territories. Many articles dealing with physical activity/obesity, the 5-A-Day program, folic acid awareness, etc. are included. Their newest idea is to use their newsletter as a means to focus on one issue while continuing efforts of getting their membership to become more active in their organization. For more innovative nutritional information, go to: <http://www.astphnd.org>. Click on newsletter and then follow the links that engage your interest. Also, surf around their Web site; which also has information on nutrition and nutrition education/promotion.



On Nov., 11, the Kaiser Family Foundation, the Alan Guttmacher Institute, and the National Women's Law Center hosted a briefing titled **Medicaid and Women: What's at Stake?** The briefing addressed how the Medicaid program works for women, examined Medicaid's role across the different

stages of women's lives, provided data on women's health insurance coverage, highlighted recent state initiatives of importance to women, and discussed what women have at stake in federal and state efforts to restructure the Medicaid program. The briefing was held in conjunction with the release of (1) a fact sheet titled Women's Health Insurance Coverage, (2) a fact sheet titled Health Insurance Coverage of Women Ages 18 to 64, by State, 2002-2003, and (3) an issue brief titled Medicaid and Women. An archive of the briefing webcast, speaker presentations, and agenda, along with the related documents, are available at <http://www.kff.org/womenshealth/whp111004pkg.cfm>.



The National Women's Health Indicators Database

base provides access to national, regional, state, and county level data for the period 2000 to the present. The online tool, launched by the Office on Women's Health and the National Women's Health Information Center, may be used to access data on demographics, mortality, access to care, infections and chronic disease, reproductive health, mental health, prevention, and violence and abuse. Age-adjusted data and three-year averages are presented for many of the health indicators. The tool, which also enables users to create tables and graphs, is available at <http://www.4woman.gov/statedata>.



Work with children from divorced parents?

Looking for some information and education related to children and divorced parents? Visit The Center for Divorce Education at: <http://www.divorce-education.com>



Have you heard of Telekidcare? Telekidcare can provide

children with access to health care at school. Telekidcare allows a health care provider to diagnose and treat children while at school potentially speeding up the healing process and decreasing the time students are away from the classroom. Telekidcare can also assist with behavioral and mental health sessions and visits for children in schools. Through the telemedicine access the student does not even have to leave the building for his medication checks, counseling, etc., but can access his health professional's (ie counselor, physician, mental health professional, etc/) input, right in the school's health room. This creates easier access for parents for family counseling and support as well. Also, team meetings with school staff, including teachers, administrators, and psychologists can occur at school with input via telemedicine from the physician. There are unending capabilities to increase access to healthcare for children. If you would like more information on setting up your own Telekidcare site, or finding out where the nearest Telekidcare site location is to you, contact Debbie Swirczynski, the Telekidcare Project Manager at the Center for Telemedicine and TeleHealth at 2012 Wahl Annex - 3901 Rainbow Blvd, Kansas City, Ks. 66160. You can call her at: You can email her at: dswirczynski@kumc.edu or you can also visit their Web site at: <http://www2.kumc.edu/telemedicine/> Don't miss this great opportunity for Telekidcare in your school and community!



Looking for Web sites for school nurse gifts

such as t-shirts, polo shirts, denim shirts, tote bags, pins, note pads, pens, pictures, earrings and others? Visit <http://www.schoolnursegifts.com>



The November issue of Health and Health Care in Schools:

Contents: Plan B for Influenza: Antiviral Medications * First-Year Experiences under HIPAA * Bacterial Meningitis Gets New Attention * Does Parent Notification Affect Reproductive Health Services for Minors? * Panel Finds 'Scare Tactics' Don't Prevent Violence. To find information about these topics visit: <http://www.healthinschools.org/ejournal/ejournal.htm>



School Vaccination Coverage, 2003-2004: All states but one have reported how many

children entering kindergarten in the 2003-2004 school year had received some or all of the recommended childhood vaccinations, and nationally it appears that more than 95 percent of the children received the required doses of all vaccines except HepB and varicella, where coverage was slightly lower, at 90 to 95 percent. http://www.healthinschools.org/2004/nov12_alert.asp



New Online from the School Mental Health Project/ Center for Mental Health in Schools: (Go to What's

New at <http://smhp.psych.ucla.edu>) You will find:

- "Sustaining School-Community Partnerships to Enhance Outcomes for Children and Youth: A Guidebook and Tool Kit
- "Addressing Barriers to Student Learning & Promoting Healthy Development: A Usable Research-Base (a briefing document)
- About Empirically Supported Therapeutic Relationships (an



information sheet)
Automatic External Defibrillators (AEDs) Provided at Group Buying Prices During

Save A Child's Life: An AED For Every Team National Campaign (Information submitted by Helen Kuttles school nurse from USD #230). More than 300 children nationwide die each year from preventable sudden cardiac arrest (SCA) while playing sports, according to statistics compiled by Teams of Angels. The majority of these deaths could have been prevented, according to medical experts, if an AED, had been available within 4 minutes of the incident. Now parents, schools and youth sports organizations have a powerful new ally in their efforts to increase the number of AEDs at local youth sports events: the national campaign "Save A Child's Life: An AED For Every Team," an innovative partnership between Teams of Angels and MomsTeam.com. This campaign allows youth sports organizations and communities to apply for grants and to purchase AEDs at the group buying rates through the MomsTeam Cardiac Awareness Channel to ensure that AEDs will always be close by if needed. <http://www.momsteam.com/>, <http://www.teamsofangels.org/>



Harvard School of Public Health endorses Dr. Pollack's scientific investigations into pediculosis and if you would like to view this information and

download this information visit: <http://www.hsph.harvard.edu/headlice.html>. The American Academy of Pediatrics peer reviews and publishes his research on head lice infestation and finds it so

(Continued on page 8)

important that it is provided free on its Web site: <http://pediatrics.aappublications.org/cgi/content/full/107/3/e30>



Right to Carry and Self-Administer Asthma

Medication in Schools --Legislation is a list of selected asthma-related legislative measures addressing the right to self-administer asthma medication and carry inhalers in schools. The list of materials presents information on the federal Asthmatic Schoolchildren's Treatment and Health Management Act of 2004, as well as asthma-related legislation for 23 states. The list includes links and brief descriptions of sample legislation, information on how to obtain the most current status of federal and state asthma-related legislation, and links to state legislatures' home pages. Other asthma-related information is also provided. The list is available at: http://www.phppo.cdc.gov/od/phlp/Asthma_school.asp



Childhood Vision: Public Challenges and

Opportunities – Recent focus on school achievement, healthy child development, and expanded computer use among school-age children have re-awakened interest in the importance of childhood vision. This paper provides a guide for policy makers, educators, health professionals, and parents to evaluate current strategies and suggests future directions. For more info and to view this document visit: <http://www.healthinschools.org/sh/visionmain.asp>



Questions regarding bullying?

Want to help parents address questions such as:

Does your child know how to respond if he or she is bullied? How can a parent recognize bullying behavior in his or her child? Is bullying just a problem for boys? The National PTA has gathered resources to help parents and children recognize and fight bullying in their communities. Articles on bullying can be found at: <http://www.pta.org/bullying/index.asp>



The National Center for Education Statistics

has a Web site that provides demographic information by school district. Visit: <http://nces.ed.gov/surveys/sdds/downloadmain.asp>



The Centers for Disease Control and Prevention

(CDC) Flu Information: For some answers to questions commonly asked by school administrators, teachers, staff, and parents about the flu, particularly its effects on children, visit: <http://www.cdc.gov/flu/school/qa.htm>



Schools and

Terrorism. The link below is to a report on the U.S. Department of Education's Web site about recommendations for crisis planning developed by Ed, the FBI, and the Department of Homeland Security following the school terrorism event in Russia. Some of the advice is generic and what schools are already doing. Some is new advice. <http://www.ed.gov/policy/elsec/guid/secletter/041006.html>

Oral Health Screening Project 2004-2005. By conducting oral health screenings, the registered nurse can promote prevention, early identification of dental problems and aid in the collection of data to help determine the oral health status of the student population in Kansas.

So.... Kansas School Nurses and

Public Health Department Nurses are leading the way to promote early identification and intervention for tooth decay. Fifty-Six Kansas School Nurses and Forty-Three Local Public Health Department Nurses are participating in the second year of an oral health screening grant funded through United Methodist Health Ministries. The project involves registered nurses utilizing a non-invasive laser fluorescent dental device, called a DIAGNOdent, to **screen** for cavities and decay in children's teeth. School nurses are **screening** third and sixth graders, and health department nurses are screening children ages 5 to 21 years, during their well child check/Kan Be Healthy exams.

Dawn McGlasson, KDHE Oral Health Consultant, Chris Tuck, KDHE Child Health Consultant, and Jane Stueve, KDHE Adolescent Health Consultant provided training on Friday, Oct. 22 entitled "Oral Health Screenings in the Pediatric Populations." Assistance and expertise at each training site was provided by Jon Anderson, Anita Hodge, Shirley Orr, and Debbie Whitmer; who are the Public Health Nurse Specialists in the Office of Local and Rural Health.

The training, conducted via ITV, was offered in Pittsburg, Wichita, Topeka, Hays, Salina, and Garden City. Participants learned the relationship between oral health and general health; that dental caries are an infectious and transmissible disease; how to develop strategies to increase linkages with local dental/dental hygiene professionals within their communities; as well as learning how to use the DIAGNOdent a non-invasive laser fluorescent dental device. The effectiveness of the DIAGNOdent as an oral screening device utilized by the registered professional nurses, will be evaluated in the grant.



ZipS: Events and Resources

World peace is us....We are each walking agents of the vision of peace we carry inside us.

Kathleen Vande Kieft



Kansas Youth Leadership Forum

– Do you know of a junior or senior high school student

who has a disability (as defined in the Americans with Disabilities Act) that would be interested in attending the Kansas Youth Leadership Forum?

This year's forum will be held on June 14-18, 2005 at Washburn University in Topeka. Staff and delegate applications can be downloaded from the Kansas Youth Leadership Forum Web site at: <http://www.ksylf.org>

Communities in Action: a Professional Forum Addressing Traumatic Brain Injury January 20, 2005. Lawrence Memorial Hospital, Lawrence, Ks. Registration Deadline: Jan. 15. Contact Vanessa Smith at 800-432-0770 for registration information.



The Centers for Disease Control and Prevention (CDC)

has announced funding for violence-related injury prevention research in the areas of youth violence, suicidal behavior, child maltreatment, intimate partner violence, and sexual violence. The goals of the program are to (1) Solicit research; (2) Build the scientific base for the prevention and control of fatal and nonfatal injuries and related disabilities; (3) Encourage professionals from a wide spectrum of disciplines to perform research in order to prevent and control injuries more effectively; and (4) Encourage investigators to propose research that involves intervention development and testing and enhances the maintenance of effective intervention strategies. For more info visit: <http://www.healthinschools.org/grants/ops205.asp>



Cooperative Agreement Program for National Academic Centers of Excellence

Prevention: The Centers for Disease Control and Prevention has announced the availability of 2005 cooperative agreement funds to establish up to 10 National Academic Centers of Excellence (ACE) on Youth Violence Prevention. The purpose of the Centers is to help communities prevent youth interpersonal violence. To view more information visit: <http://www.healthinschools.org/grants/ops213.asp>



Click on CLIKS. Strengthen a needs assessment, gather data to conduct a community assessment, or find information to promote community awareness about an issue concerning children. **CLIKS** (County-City- Community-Level Information on Kids) helps you create:

- A **profile** of a state or county around 22 indicators of child well-being. (click to see an example: [Profile for Kansas](#))

- A **line graph** comparison of states or counties for one of the indicators. (click to see an example: [Line Graph](#))

- A state **map** comparing counties for one of the indicators. (click to see an example: [Map of Kansas](#))

- A **ranking** by state or county for one of the indicators. (click to see an example: [Kansas Rankings](#))

CLIKS provides comprehensive data on child well-being in the areas of economic well-being, physical health and safety, childhood care and education, emotional well-being, and social behavior and control of children.

Free On-line Trainings

Kansas Action for Children (KAC) wants organizations of all sizes and missions to benefit from this excellent and helpful feature in an effort to improve the well-being of Kansas children and families. To begin using **CLIKS**, visit the KIDS COUNT

section of our Web site at <http://www.kac.org/>.



The Maternal and Child Health (MCH) Training

Program of the Maternal and Child Health Bureau has launched a new Web site to support the education and training of those working in the MCH professions. The MCH Training Program supports trainees, faculty, continuing education, and technical assistance. The new Web site provides information on new funding opportunities, writing a grant proposal, currently funded projects, and reporting requirements. The Web site also includes an events calendar, conference archives, a glossary, a PDF file library, and other resources relevant to the program. The Web site is available at <http://www.mchb.hrsa.gov/training>.

SAVE THESE DATES:

3rd Statewide Annual Fatherhood Summit: April 21-22, 2005, Holiday Inn Select, Wichita, Kansas. More information will be coming soon!

Annual Public Health Nurse/ Maternal Child Health

Conference: May 3-5th, 2005 Airport Hilton Hotel, Wichita, Kansas!! This year with MCH tracks offered! More info coming soon!

Kansas School Nurse Conference: July 25-29th, 2005, Hyatt Regency Hotel, Wichita, Kansas.



Gear up and Get Ready for **National Wear Red Day**, which be on Friday, Feb. 4, 2005. National

Wear **Red** Day and The Heart Truth campaign are targeting awareness for women's heart disease. For more information visit: <http://www.nhlbi.nih.gov/health/hearttruth/index.htm>